

APPENDIX L

**DEPARTMENT OF HUMAN SERVICES
OFFICE OF LONG-TERM LIVING**

**Specialized Services for Persons with Other Related Conditions
In accordance with Omnibus Budget Reconciliation Act of 1987**

Specialized services, which may include assistance to relocate to the community, are activities designed to allow persons with Other Related Conditions who reside in a nursing facility to acquire or improve the skills necessary to function with as much independence as possible and to engage in productive and appropriate activities in integrated settings. Specialized services are specified by the State and, when combined with nursing facility and special rehabilitative services provided by the nursing facility, result in:

- a. The acquisition of the behaviors necessary for the individual to function with as much self-determination and independence as possible, and
- b. The prevention or deceleration of regression or loss of current optimal functional status.

Specialized services for nursing facility residents with Other Related Conditions are:

1. Service Coordination/Advocacy Service:

- Developing and maintaining a specialized service plan to be attached to the nursing facility's plan of care.
- Facilitating and monitoring the integration of specialized services with the provision of nursing facility and specialized rehabilitative services.
- Assisting or advocating for residents on issues which pertain to residing in nursing facilities.

2. Peer Counseling/Support Groups:

- Linking residents to "role models" or "mentors" who are persons with physical disabilities and who reside in community settings.

3. Training:

- self-empowerment/self-advocacy
- household management in community settings
- community mobility
- decision making
- Americans with Disabilities Act and related laws, civil rights, etc.
- leadership
- human sexuality
- time management
- self-defense/victim assistance
- interpersonal relationships
- academic/development activities wherein residents receive advanced math,

- reading, and computer training*
- vocational/development activities wherein residents participate in advanced job readiness and job-related development training

4. Community Integration Activities:

- Exposing residents to a wide variety of unstructured, community experiences which they would encounter in the event that they must or choose to leave the nursing facilities or engage in activities away from the nursing facilities.

5. Equipment/Assessments:

- Arrange purchase of equipment and related assessment for residents who plan, within the next two years, to relocate to community settings.

6. Transportation:

- To participate in the specialized services outlined in numbers one through five.

*Preapproval from OLTL must be obtained prior to providing these specialized services.

For Community HealthChoices (CHC) participants, the CHC Managed Care Organization (MCO) you have chosen is responsible for providing necessary specialized services while you are residing in a nursing facility.

For all others not enrolled in CHC, the OLTL regional agency which coordinates specialized services is (Selected Applicant) and their phone numbers are:

(Phone Number)
(Toll-free Phone Number)
(TTY Number)
(Toll-free TTY Number)

If you are eligible for specialized services through (Selected Applicant), you will be contacted within approximately a week by (Selected Applicant) or their subcontracting agency serving your area in order to schedule a meeting. The purpose of the meeting is to explain to you the availability of specialized services, including relocation assistance.

CHC participants may still receive an explanation of the PASRR review process and specialized services from (Selected Applicant) however any specialized services that are determined to be necessary during the PASRR review process will be provided by their selected CHC-MCO.